



**Caloundra City  
Private School**

# CO-CURRICULAR PROGRAM TERM ONE 2023

Monday 23 January to Friday 31 March

**REGISTRATIONS CLOSE:  
FRIDAY 3 FEBRUARY**  
via Parent Portal/Co-Curricular or  
[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)

\*RESTRICTED NUMBERS MAY APPLY TO SOME ACTIVITIES

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# Co-Curricular Activities Program

This booklet describes the activities that are available to students in the Junior and Senior School during the term. These activities are designed to complement classroom curriculum and enhance the learning of students. These activities allow students to participate in new experiences and develop skills and talents in areas beyond the classroom.

Some of these activities will foster individual skill development whilst other activities will provide the opportunity for students to develop team skills.

Specific information is included in this booklet regarding the timing of the activities, the materials required, associated costs and the Coordinator details. Please be aware that there is a possibility that some of the times and locations of the activities may change.

For external tutors an arrangement exists between parents and tutors to coordinate lesson times and arrange make up lessons. Fees are to be paid for each activity as per the invoice sent to you directly or via your child/ren. These invoices may come directly from the company or tutor.

**REGISTRATIONS CLOSE FRIDAY 3 FEBRUARY @ 3PM**  
via Parent Portal/Co-Curricular or [activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)

**Students must register or re-register for all activities each term**

## Schedule Overview

	Before School	Morning Tea	Lunch Time	After School
<b>MON</b>	Health Hustle			Monday Night Netball
<b>TUES</b>	CCPS Writers' Group Futsal	Chrysalis Drama Group		Lego Club
<b>WED</b>	CCPS Writers' Group Health Hustle		Choir	Permaculture Club SCISSA Volleyball
<b>THUR</b>	CCPS Writers' Group ELITE Tennis		Duke of Edinburgh Award Duke of Edinburgh Bridge	Academic Tutorials
<b>FRI</b>	CCPS Writers' Group	Peaceful Kids Club Art Club	Junior Volleyball Chess Club	

Please collect your child promptly at the conclusion of each Co-Curricular Activity. Children not collected within 10 minutes after the Co-Curricular Activity concludes will be taken to Outside School Hours Care where parents will receive an invoice for the care provided.

# ACADEMIC TUTORIALS

WEEK 3 – WEEK 9

Do you need help with your homework? Come along to Senior Homework Club and complete your homework with your friends. You will receive encouraging support in a stimulating environment.

Please make sure you bring your homework, pencil case and any project materials you will need to complete your homework. You may also like to bring something to eat for afternoon tea. Students may leave early only with specific written parent permission.



Teacher -  
Ms Alison Feldman  
Mr Brimblecombe

Location/Day –  
Library  
Thursday

Time -  
3:15pm to 4:00pm

Equipment -  
bring homework,  
pencil case

Year Level -  
Year 3 to Year 12

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# THE DUKE OF EDINBURGH AWARD

Caloundra City Private School is excited to offer The Duke of Edinburgh Award through our school in 2023.

The Duke of Edinburgh Award Scheme consists of three levels – Bronze, Silver and Gold. Within each level there are four sections: Service, Skill, Physical Recreation and Adventurous Journey. A residential project is also included in the Gold Level. A handout with more details will be given to participants and their parents.

Students who complete Bronze Level are credited one point towards their Year 11 and 12 school certificates, the Queensland Certificate of Education (QCE), Silver Level is also one point and Gold Level contributes two points. All three awards completed gives students four points towards their QCE. (This is same amount of points as a senior subject, studied in Years 11 and 12.)

This is a whole year commitment for the students. Adventurous Journeys are organised by the students in conjunction with the staff involved. Service, Skill and Physical Recreation sections are organised by students in their own time. Each of the three sections requires about one hour per week. Participants will meet each fortnight during lunch in the RBH PE room on Thursdays.

Registration fees of \$185 for Bronze level + \$120 each additional level. The School subsidises 50% of Gold Award fees. The cost of the Adventurous Journeys varies depending on the type and length of the journey/expedition.

For further information about The Duke of Edinburgh Award please visit

[https://www.qld.gov.au/data/assets/pdf\\_file/0028/51868/participant-application-form.pdf](https://www.qld.gov.au/data/assets/pdf_file/0028/51868/participant-application-form.pdf)

Teacher -  
Dr McMahon

Location/Day -  
RBH Classroom  
Thursday Even Weeks

Time -  
1:10pm to 1:30pm

Transport -  
school bus and  
private vehicle

Bronze -14 Years  
Silver -15 Years  
Gold - 16 Years

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# THE DUKE OF EDINBURGH BRIDGE AWARD

Caloundra City Private School is excited to offer The Duke of Edinburgh – Bridge Award through our school in 2023.

Duke of Edinburgh – Bridge Award consists of two levels – Level 1 and Level 2.

**Level 1** Gain new experiences, acquire new skills, become more confident and achieve greater independence.

**Level 2** More opportunities to learn new skills and cooperate with others. This level gives you practical experience and also prepares you for the Bronze level of The Duke of Edinburgh Award. This is a whole year commitment for the students. For further information about the Bridge Award please visit <https://www.qld.gov.au/youth/be-involved-have-your-say/youth-programs/bridge-award>

Each level has four sections: Volunteering, Skill, Physical Recreation and an Adventurous Journey. Participants will meet each fortnight during lunch in the RBH PE room on Thursdays.

Registration fee of Bridge Level 1 is \$70.00 and a continuation fee to Bridge Level 2 is \$45

Teacher -  
Dr McMahon

Location/Day –  
RBH Classroom  
Thursday Odd Weeks

Time -  
1:10pm to 1:30pm

Transport -  
school bus and  
private vehicle

Bridge L1 -12 Years  
Bridge L2 -13 Years

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular



# JUNIOR SCHOOL HEALTH HUSTLE

WEEK 3 – WEEK 9



Teacher -  
Mr Byrne

Location/Day -  
Tennis Courts  
Monday & Wednesday

Time -  
8:00am to 8:15am

Equipment -  
Water Bottle

Year Level -  
Prep to Year 6

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# PERMACULTURE CLUB

**WEEK 3 – WEEK 9**

Permaculture Club is a fantastic program available for students in Years 3-12 who have green thumbs as well as those whose thumbs may be simply 'beige'. Students will have the opportunity to plant and harvest a number of different crops including: passionfruit, sweet corn, potatoes, chillies, onions, beetroot, tomatoes, sweet potatoes, zucchini, nasturtiums, parsley, lettuce, citrus trees and pineapples! Students will also have the chance to care for the school chickens.

This is an excellent Service opportunity for the students completing any level of the Duke of Edinburgh or Bridge Awards. The club is perfect for students who would like to obtain or further their knowledge of permaculture and agriculture.

*Students who attend Permaculture are asked to meet for roll call outside City Stars entry.*

Maximum of 20 students.



**Teachers -  
Mr Brimblecombe**

**Location/Day -  
Wednesday**

**Time -  
3:00pm to 4:00pm**

**Equipment -  
old clothes, covered  
shoes and a hat**

**Year Level -  
Year 3 to Year 12**

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular



# CHESS CLUB

**WEEK 3 – WEEK 9**

This activity is open to all students of Caloundra City Private School from beginner chess players right through to advanced players. This Term CCPS will hold social games of chess.



**Teacher -  
Mrs Bloxham**

**Location/Day –  
Library  
Friday**

**Time -  
1:10pm to 1:40pm**

**Equipment -  
all supplied**

**Year Level -  
Year 3 to Year 12**

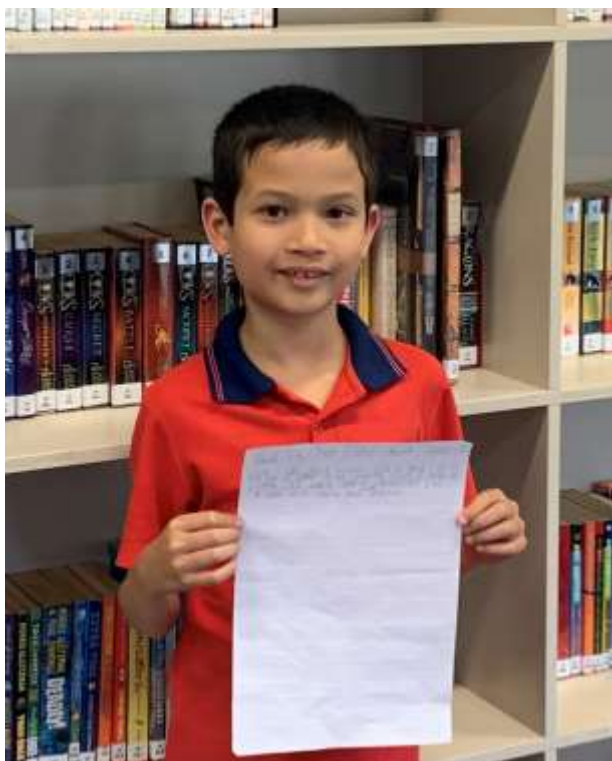
## **REGISTRATION**

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# CCPS WRITERS' GROUP

WEEK 3 – WEEK 9

This activity is open to Year 3 to Year 12 students, with any skill level of writing. From writing for competitions or publication, to editing and proofreading, or even assistance with written school assignments, this group is dedicated to improving craftsmanship.



Teacher -  
Mrs Bloxham

Location/Day -  
Library  
Tuesday to Friday

Time -  
8:10am to 8:30am

Equipment -  
written work, pencil  
case, laptop

Year Level -  
Year 3 to Year 12

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# LEGO CLUB

WEEK 3 – WEEK 9

Come and join in all the fun of our Lego Club! Challenge yourself to make amazing creations! Play exciting Lego board games. Learn to build new things! Participate in fun challenges!

A range of Lego-based activities will be available offering creative, cooperative and therapeutic opportunities. Students will be able to develop their problem solving, communication, concentration and teamwork skills by working together to build Lego models. There will also be opportunities for students to enjoy some free play independently.

Maximum 20 students.



Teacher -  
Ms Lush

Location/Day -  
Library  
Tuesday

Time -  
3:10pm to 4:00pm

Equipment -  
all material supplied

Year Level -  
Prep to Year 8

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# CHOIR

WEEK 3 – WEEK 9

CCPS is offering choir for students in Prep – 12 with our music teacher, Ms Spry. Being part of a choir is a fun and empowering experience where students can engage positively with others and express themselves through song.

Students will benefit from developing their aural skills, sense of rhythm, pitch and musical ear. Ms Spry incorporates a variety of warm-ups and team-building activities that create a strong sense of team spirit. Students will be directed in their vocal techniques and through the program will gain confidence in performing.

The Choir will be provided with a range of performance opportunities throughout the year including assembly performances, Arts nights and lunchtime performances.

Being part of a choir is a wonderful opportunity for students to enjoy creating and sharing music. Choir repertoire includes popular music, the National Anthem, our school song and three-part rounds.



Teacher -  
Ms Spry

Location/Day -  
Music Classroom  
Wednesday

Time -  
1:05pm to 1:40pm

Equipment-  
display folder for  
music, pencil case

Year Level -  
Prep to Year 12

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# CHRYSLIS DRAMA GROUP

**WEEK 3 – WEEK 9**

Were you in *The Jungle Book* or you wanted to be, but missed out? We'll be continuing our acting skills this term on Tuesday morning tea in the Library. 15 students only, from Years 3 to 12.

Students must be available for show on Thursday night 16<sup>th</sup> March and morning tea Friday 17<sup>th</sup> March. Come and join in the fun!



**Teacher -  
Mrs Bloxham**

**Location/Day –  
Library  
Tuesday**

**Time -  
11:05am to 11:35am**

**Equipment -  
all supplied**

**Year Level -  
Year 3 to Year 12**

## **REGISTRATION**

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular



# PEACEFUL KIDS CLUB

WEEK 3 – WEEK 9

This morning tea club will be a little sanctuary of calm at the start of the week. We will explore simple tools to help students show kindness to themselves, play well-being focussed games, do craft, enjoy mindfulness activities, learn yoga poses and easy breathing tools, stretch our bodies and learn simple relaxation techniques. There will be calming music and comfy spaces to relax & be creative.



Teacher -  
Mrs Nolte

Location/Day –  
Prep Classroom  
Friday

Time -  
11:05am to 11:40am

Equipment -  
all supplied

Year Level -  
Prep to Year 6

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular



# ART CLUB

**WEEK 3 – WEEK 9**

CCPS Year 3 to 12 students are invited to work on a supervised and directed art project for the term. Students will be provided with instruction, materials and inspiration to create their own artwork that can be taken home at the end of the term. It is envisaged students will learn how to handle new art materials and processes, while developing existing art making skills.

All materials are supplied.

Maximum 15 students.



**Teacher -  
Mrs Patricia Hatcher**

**Location/Day –  
Art Classroom  
Friday**

**Time -  
11:05am to 11:35am**

**Equipment -  
all supplied**

**Year Level -  
Year 3 to Year 12**

## **REGISTRATION**

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# MONDAY NIGHT NETBALL COMP.

## TERM 1 – TERM 2

In 2023 Caloundra City Private School will be entering teams into the Sunshine Coast Secondary Schools Monday Night Netball Competition in Maroochydore. Games will commence Monday 27<sup>th</sup> February.

Each school team is graded into either a Junior (Years 7), Intermediate (Years 8, 9) or Senior (Years 10, 11, 12) division to compete in a 10-round season with additional finals. Students are requested to commit for the full duration of the season.

Training days for Years 7-10 will be held during Tuesday Sport on the school's Tennis/Netball court and Monday lunch in the Raelene Boyle Hall. Year 11 and 12 students will train Monday and Tuesday lunch. Girls wanting to play both Netball and Volleyball will be catered for. Transport to and from games by Parents/Coaches/Managers.

Dr Peter McMahon – 0448 277 789



**Teacher -  
Ms Black  
Dr McMahon**

**Location/Day -  
Fisherman's Road  
Monday**

**Equipment -  
CCPS socks. Netball  
uniform provided**

**Year Level -  
Junior/Middle/Senior**

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# JUNIOR VOLLEYBALL

**WEEK 3 – WEEK 9**

Students from Year 3-6 are invited to play volleyball in a fun and exciting program. There will be game-based activities to help further develop skills that have been taught during Sports and PE lessons with the aim of finishing each session with either a modified or actual game of volleyball. This will be determined based on the level of skill demonstrated by the participants. With Volleyball being one of the core sports that CCPS has chosen to focus on, this is a great way to improve your skills and be ready to be selected and participate in school-based competitions for this year and beyond. See you there!



**Teacher -  
Mr Creighton  
Dr McMahon**

**Location/Day -  
RBH Courts  
Friday**

**Time -  
1:05pm to 1:40pm**

**Equipment -  
water bottle**

**Year Level -  
Year 3 to Year 6**

## **REGISTRATION**

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# FUTSAL

## WEEK 3 – WEEK 9

Futsal is a football-based game played at CCPS in the RBH. It uses a smaller, harder ball with not as much bounce. Futsal is an excellent game to develop close ball control, football skills and stamina. It is also a great game to help prepare for the football season and is a lot of fun as a stand alone game. At CCPS we are hoping to develop a Futsal team to potentially compete against other schools. Tuesday morning Futsal comprises of some skill activities and a game.



Teacher -  
Mr Pride

Location/Day -  
RBH Courts  
Tuesday

Time -  
7:15am to 8:15am

Equipment -  
water bottle

Year Level -  
Year 7 to Year 12

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# SCISSA VOLLEYBALL SENIOR

## FROM TERM 1

In 2023 the school will have Junior (Year 7 and 8) and Intermediate (Years 9 and 10) Girls and Boys in the SCISSA Volleyball competitions.

Senior games will be held in Term 1 and Junior Intermediate teams will be played in Term 2. Games are held on Wednesday afternoons on a home and away basis from Wednesday 22<sup>nd</sup> February.

Senior training will be held at various times each week. General information and training times will be available on Parent Portal.



Teacher -  
Mr Edwards  
Mr Creighton  
Dr McMahon  
Mrs Kynaston

Location/Day -  
RBH Courts  
Tuesday

Equipment -  
bring water bottle.  
Knee pads  
recommended.

Year Level -  
Senior

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Extra Curricular

# SPECIALIST MUSIC

WEEK 3 – WEEK 9

## VOICE, PIANO, GUITAR, UKELELE AND MANDOLIN

Miss Kathy Spry is a professional musician having experience in performance and composition for 10 years. Kathy has performed many shows in various bands and as a solo artist. She has worked as a professional instrumental teacher for several years at performance based music schools and have also prepared her students for AMEB examinations and Trinity examinations. Kathy has directed several shows for kids and adults, teaching people how to work and perform in bands and groups, including directing her own acapella group.

Kathy's focus is to prepare lessons that are individualised to each student, gives her students options on their own music journey whether they want to focus on just building skills for their instruments, performance and composition or if they would like to be prepared for music exams such as AMEB or Trinity.

Aspects covered during lessons include learning technique to safely execute their skills, theory including reading music notation or tablature, building aural skills and encouragement of composition and performance.

**Teacher -  
Ms Spry**

**Location/Day -  
Music Tutorial Room**

**Times -  
7:00am -8:30am &  
3:00pm- 5:00pm  
Tues/Wed/Thurs**

**Year Level-  
Prep to Year 12**

**Cost -  
30 min \$34**

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular



# ELITE TENNIS

WEEK 3 – WEEK 9

**Elite Tennis International (ETI)** is a dedicated coaching provider with proven experience in providing both a highly professional and personalised tennis experience. No matter what level of tennis player you are; from a first timer or an elite junior player, we aim to make your time with us thoroughly enjoyable.

**ETI** are strong supporters of Tennis Australia programs ranging from ANZ Hot Shots to Cardio Tennis. Offering a firm commitment to consistently improve our products and services, allows our customers the security of knowing that they are receiving the right advice in all areas of the sport.

Welcome to **Elite Tennis International**, we hope you enjoy our **Total Commitment to Tennis Excellence**.

Michael Poulos – Director – Elite Tennis International – Sunshine Coast Tennis Centre – Caloundra

Term One coaching to be paid to the tennis coach at the rate of \$112.00. The academy will invoice parents.



Teacher -  
Private Instructors  
Dr McMahon  
Ms Bennett

Location/Day -  
Tennis Courts  
Thursday

Time -  
Ages 9+  
7:15am to 7:45am  
Ages 5 to 8  
7:45am to 8:15am

Equipment -  
sports shoes, tennis  
racquet and water  
bottle

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# CANOEING EXPEDITION

## TERM 1

This year the school will offering several exciting, remote outdoor experiences for students across Years 8 – 12 during the holiday breaks. The first of these is the Canoeing Expedition.

**Who:** Years 9 and 10 – 12 students (there are no compulsory camps for Years 10-12 in 2023) and students under taking the Duke of Edinburgh Award, their parents and staff.

**Cost:** Approx. \$800 (TBC)

**Gear:** All specialised gear is supplied (tents, cooking gear, canoeing gear, food). Participants to supply their own sleeping bag, sleeping mat, rain jacket and clothing.

Information meeting to be held Tuesday 14<sup>th</sup> February in RBH #3 at 6pm.

Parents are welcomed to contact Peter McMahon (0448 277 789) prior to this date to seek further information.



Teacher -  
Dr McMahon

When –  
Thurs March 30 to  
Wednes April 5

Where –  
Upper Clarence River  
NSW

Year Level –  
Year 8 to Year 12

Cost -  
Approx \$800

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

# NEW ZEALAND EXPEDITION

## END TERM 4

This year the school will offering several exciting, remote outdoor experiences for students across Years 8 – 12 during the holiday breaks. The New Zealand Expedition is a unique outdoor education that no other school in Australia offers. This is 21-day coast to coast traverse of the South Island of New Zealand. Starting on the beach just south of Greymouth, the group will mountain bike ride, hike and raft to the east coast exiting on a beach just north of Kaikoura 17 days later.

The trip is open to all Year 9 – 12 students, parents, staff and community members. A reasonable level of fitness is required by all. There will be several training sessions that participants are expected to attend from July – November.

**Who:** Year 9 – 12 students, parents, staff and community members. Minimum 8 people required.

**Cost:** Approx. \$5500 (TBC as final costs of flights and exchange rates are confirmed). Cost includes flights, 2 nights' accommodation in Christchurch, all specialised equipment – mountain biking, rafting, food, expedition memento fleece jacket. Participants to supply rain jacket, sleeping bag, sleeping mat, thermals, hiking shoes and personal clothing.

Information meeting to be held Tuesday 21st February in RBH #3 at 6pm. Parents and community members are welcomed to contact Peter McMahon (0448 277 789) prior to this date to seek further information.



Teacher -  
Dr McMahon

When –  
Tuesday Nov 28 to  
Tuesday Dec 19

Where –  
South Island  
New Zealand

Year Level –  
Year 9 to Year 12

Cost -  
Approx \$5,500

## REGISTRATION

[activities@ccps.qld.edu.au](mailto:activities@ccps.qld.edu.au)  
or Parent Portal/  
Co-Curricular

