



CO-CURRICULAR PROGRAM

TERM FOUR 2019

8th October 2019 to 29th November 2019

**TERM FOUR 2019 ALL ENROLMENTS ARE TO BE
COMPLETED VIA EMAIL
activities@ccps.qld.edu.au**

Registration for activities

CLOSE

Friday 11th October 2019

**NB: All Students must register or [re-register](#)
for activities [EACH](#) Term**

***Restricted numbers apply to some classes. Therefore, completed applications will be given preference in order of time received by administration staff.**

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Co-Curricular Registration via email

We will only be accepting student registration for activities via email. The email address is activities@ccps.qld.edu.au

When sending an email please including the following information

Student/s Name: _____

Grade/Class: _____

Name of Parent/Guardian: _____

Contact: Ph: _____ Mobile: _____

Email: (If different from the one you are emailing from)

Activities student/s would like to register for: _____

If you have more than one student at CCPS please clearly mark which activities each student will be participating in to avoid any confusion.

Co-Curricular Activities Program

This booklet describes the activities that are available to students in the Junior and Senior School during Term 4, 2019. These activities are designed to compliment classroom curriculum and enhance the learning of students. These activities allow students to have new experiences and develop skills and talents in areas which are an extension of classroom activities.

Some of these activities will foster individual skill development whilst other activities will provide the opportunity for students to develop team skills.

Specific information is included in this booklet regarding the timing of the activities, the materials required, associated costs and the coordinator details. Please be aware that there is always the possibility that some of the times and locations of the activities may change.

For external tutors an arrangement exists between parents and tutors to coordinate lesson times and arrange make up lessons.

Fees are to be paid for each activity as per the invoice sent to you directly or via your child/ren. These invoices may come from the Company or Tutor.

Please email Co-curricular registration to activities@ccps.qld.edu.au by 3.00pm, **Friday 11th October 2019**.

Students must register or re-register for all activities being taken in Term Four 2019

Schedule Overview

	Before School	Morning	Lunch Time	Afternoon	After School
Monday	Arron Bool Guitar & Bass	Arron Bool Guitar & Bass	Arron Bool Guitar & Bass Cherub Choir	Arron Bool Guitar & Bass Oztag	Chess Mates Oz Tag
Tuesday	Lorraine Fung Piano & Percussion	Lorraine Fung Piano & Percussion	Lorraine Fung Piano & Percussion CCPS Choir Yr 4-12	Lorraine Fung Piano & Percussion	Chess Club
Wednesday			Wellness Wednesday	Oztag	Senior Homework Club Archery GKR Karate Oz Tag
Thursday	Lorraine Fung Piano & Percussion Tennis	Lorraine Fung Piano & Percussion	Lorraine Fung Piano & Percussion QAVA Singing Duke of Edinburgh Lunchbox Maths CCPS Homework Club	Lorraine Fung Piano & Percussion QAVA Singing	
Friday					

Please collect your child promptly at the conclusion of each Co-Curricular Activity. Children not collected within 10 minutes after the Co-Curricular Activity concludes will be taken to Outside School Hours Care where parents will receive an invoice for the care provided.

CCPS Senior Homework Club

Do you need help with your homework? Come along to Senior Homework Club and complete your homework with your friends. You will receive encouraging support and a stimulating environment.

Please make sure you bring your homework, pencil case and any project materials etc you will need to complete your homework.

You may also like to bring something to eat for afternoon tea.

Senior Homework Club commences in **Week 2** and ends in **Week 7**.

Teacher	Mrs Michelle Muir
Location/Day	Library - Thursday
Time	3.30 – 4.30 pm
Equipment (supplied by the student)	Homework, pencil case, afternoon tea
Limited Numbers	Minimum of 10 students is required
Year Levels	Year 7 – Year 12
Cost	No Charge

Email student registration information to
activities@ccps.qld.edu.au

The Duke of Edinburgh Award

Caloundra City Private School is excited to offer The Duke of Edinburgh Award through our school in 2019.

The Duke of Edinburgh Award Scheme consists of three levels – Bronze, Silver and Gold. Within each level there are four sections: Service, Skill, Physical Recreation and Adventurous Journey. A residential project is also included in the Gold Level. A details handout will be given to participants and their parents.

Students who complete Bronze Level are credited one point towards their QCE, completing Silver Level is one point and completing Gold Level is 2 points, for a maximum total of 4 points.

This is a whole year commitment for the students. Adventurous Journeys are organised by the students in conjunction with the staff involved. Service, Skill and Physical Recreation sections are organised by students in their own time. Each of the 3 sections requires about 1 hour per week. Participants will meet each fortnight during lunch recess in the RBH Media Room on Thursday's.

For further information about The Duke of Edinburgh Award please visit https://www.qld.gov.au/data/assets/pdf_file/0028/51868/participant-application-form.pdf

The Duke of Edinburgh Award commences in **Week 1, Term 4.**

Teacher	Dr Peter McMahon pmcmahon@ccps.qld.edu.au 0448 277 789
Location/Day	Fortnightly on Thursday – RBH Media Room
Time	12:55pm – 1:40pm
transport	School bus and private vehicles (when required)
Dress Requirements	Participants will be advised as they undertake each activity
Year Levels	Bronze Award – 14 Years (Year 9/10) Silver Award – 15 Years (Year 10/11) Gold Award – 16 Years (Year 11/12)
Cost	Registration fees of \$165 for Bronze level + \$100 each additional level. The School subsidises 50% of Silver and Gold Award fees. The cost of the Adventurous Journeys varies depending on the type and length of the journey/expedition.

Email student registration information to
activities@ccps.qld.edu.au

Duke of Edinburgh – Bridge Awards

Caloundra City Private School is excited to offer Duke of Edinburgh – Bridge Award through our school in 2019.

Duke of Edinburgh – Bridge Award consists of two levels – Level 1 and Level 2.

Level 1 Gain new experiences, acquire new skills, become more confident and achieve greater independence.

Level 2 More opportunities to learn new skills and cooperate with others. This level gives you practical experience and also prepares you for the Bronze level of The Duke of Edinburgh's Award.

Each level has four sections: volunteering, skill, fitness/physical recreation and an Adventurous Journey.

This is a whole year commitment for the students. For further information about the Bridge Award please visit <https://www.qld.gov.au/youth/be-involved-have-your-say/youth-programs/bridge-award>

Participants will meet each fortnight during lunch recess in the RBH Media Room on Thursday's.

Duke of Edinburgh – Bridge Award commences in **Week 1, Term 4.**

Teacher	Dr Peter McMahon pmcmahon@ccps.qld.edu.au 0448 277 789
Location/Day	Fortnightly on Thursday – RBH Media Room
Time	12:55pm – 1:40pm
transport	private vehicles (when required)
Dress Requirements	Participants will be advised as they undertake each activity
Year Levels	Bridge Level 1 – 12 years old (Year 7/8) Bridge Level 2 – After completion of Level 1 (Year 8)
Cost	Registration fee of Bridge Level 1 is \$45.50 and a continuation fee to Bridge Level 2 is \$25

Email student registration information to
activities@ccps.qld.edu.au

CCPS Lunchbox Maths

Are you are wanting help or have any questions with anything maths related?

CCPS has started lunchbox maths! You can pop in to H6 every Thursday lunchtime for as little or as long as you like to get assistance with your classwork, homework &/or upcoming assessment.

If you have any question or just want to see what it's all about come in and have a look, or have a chat with Mr Webb.

Lunchbox commences in **Week 2** and ends in **Week 7**.

Teacher	Mr Phillip Webb
Location/Day	H6 - Thursday
Time	1:00 – 1:40
Equipment (supplied by the student)	Homework, pencil case, lunch
Year Levels	Year 7 – Year 12
Cost	No Charge

Email student registration information to
activities@ccps.qld.edu.au

CCPS Cherub Choir

Cherub Choir is a fun and exciting vocal group that encourages team singing and movement. The Cherub Choir will be run each Monday lunchtime in the Year 3 Classroom (FOR1) and is open to students from Prep to Year 4. This Choir will have several opportunities to perform throughout the year and for this reason, the group will be open for enrolment in Term One and the members will remain for the entire school year.

If a student no longer wishes to be part of the Choir, please e-mail Miss Hirst: jhirst@ccps.qld.edu.au

Cherub Choir commences in **Week 2** and ends in **Week 7**.

Teacher	Julie Hirst
Location/Day	Year 3 Classroom (FOR1) – Monday
Time	Lunchtime 12:55 – 1:25 pm
Year Level	Prep – Year 4
Cost	No Charge

Email student registration information to
activities@ccps.qld.edu.au

CCPS Choir

CCPS is excited to offer a choir for students in Year 4 – 12. The choir is a vital component of our P – 12 extra – curricular Vocal Program.

Being in a choir allow students to be solely responsible and independent for their learning of the music and lyrics. It also trains their inner hearing, aural skills, collaboration skills and sense of rhythm. In addition to these musical skills, students will be directed in their vocal techniques and on how to increase their confidence in performing. Overall, choir is a great platform for students to enjoy creating music and sharing music with their peers.

Choir repertoire this year includes popular and classical songs, 3 part rounds, the National Anthem and our school song.

Choir commences in **Week 2** and ends in **Week 7**.

Teacher	Miss Lorraine Fung
Location/Day	RBH2 – Tuesday
Time	Lunchtime – 1:05pm – 1:40pm
Equipment (supplied by the student)	Display folder for choir music
Year Level	Year 4 – Year 12
Cost	No Charge

Email student registration information to
activities@ccps.qld.edu.au

CCPS Chess Club

This activity is open to all students of Caloundra City Private School from beginner chess players right through to advanced players.

Gardiner Chess is excited to include a Gold Membership to ChessKid.com with all term enrolments. This membership allows kids to continue their chess learning at home with on-line lessons, Videos, Puzzles, Training, Tournaments, stats, Chess Clubs and Game archives.

Numerous studies have shown that chess has the ability to –

1. Raise a person's IQ
2. Provide exercise for the brain
3. Increase creativity
4. Improve memory and concentration
5. Improve problem solving, reading and social skills.

..... But most importantly

.....**CHESS IS FUN!**

Chess club will commence in **Week 1** and end in **Week 8**.

Teacher	Gardiner Chess
Location/Day	DEM Library - Tuesday
Time	3:30 – 4:30pm
Year Level	Year 3 – Year 12
Numbers	
Cost	\$97 per student per term – Payable to Gardiner chess www.gardinerchess.com.au

Email student registration information to
activities@ccps.qld.edu.au

Chess Mates

Chess Mates is teaching at Caloundra City Private School for Prep to Year 2!

Chess Mates specialises in teaching chess to children of all age groups and skill levels. Our team is dedicated to teaching chess in a fun and engaging way, so that children of any age can join in regardless of experience level. We teach younger students through songs and stories, for older or more advanced students we teach openings, strategies and forward planning. We don't focus on winning (in fact, we teach kids how to deal with winning and losing). Instead, we focus on making new friends and having fun while learning.

Chess Mates commences in **Week 2** and ends in **Week 7**.

Teacher	Chess Mates Instructor info@chessmates.com.au
Location/Day	DEM Library – Monday
Time	3:00 – 3:45 pm
Year Levels	Prep – Year 2
Numbers	Minimum of 3 students
Cost	\$84 (\$12 per lesson for 7 lessons)

Email student registration information to
activities@ccps.qld.edu.au

Wellness Wednesday

Every Wednesday lunch time, Mrs Hiley's Year 5 classroom will open for 'Wellness Wednesdays'. The Wellness program will involve a range of mindful activities, meditations and yoga, all aimed at the wellness of the body and mind of our students.

These kinds of wellness activities can assist students in many ways including acceptance and tolerance of others, learning to calm oneself and focus the mind.

All students are invited to attend even if they have not registered.

Wellness Wednesday commences in **Week 2** and ends in **Week 7**.

Teacher	Mrs Emily Hiley
Location/Day	Year 5 Classroom – Wednesday
Time	1:05 – 1:35pm
Equipment (supplied by the student)	Water Bottle
Year Levels	Year 1 - Year 6
Numbers	Everyone is welcome
Cost	No Charge

Email student registration information to
activities@ccps.qld.edu.au

CCPS - Archery

Do you have a possible Robin Hood, William Tell or even Lara Croft just waiting to try their hand at Archery? An introduction to Archery will be offered this Term. This will give students an opportunity to pick up the bow and arrow and learn something new.

Archery commences in **Week 1** and ends in **Week 5**.

Teacher	Mr Barry Pederson
Location/Day	Wednesday
Time	3:30 – 4:30
Equipment (supplied by the student)	Water bottle / Afternoon Tea
Year Levels	Age 12+
Numbers	Maximum of 8 – first in will be accepted
Cost	\$2 per session (\$10 to be paid directly to Mr Pederson in week 1 to cover cost of arrows)

Email student registration information to
activities@ccps.qld.edu.au

CCPS – Oztag

Oztag is a non-tackling game with limited contact and the rules are designed to encourage all players of any skill level to participate. Oztag focusses on passing, catching, tagging, evasive and kicking skills, as well as working together as a team.

Games are played at the Caloundra Rugby Union Grounds on the following days; Monday nights: U5 – U10, Wednesday nights: U11 – U15. Training days will vary depending on team availability.

Oztag starts on the 9th of September – should you wish to join in the fun in Term 4 please contact Georgia Goodwin.

Teacher	Georgia Goodwin
Location/Day	Monday / Wednesday
Time	3:30pm onwards
Equipment (supplied by the student)	Oz Tag shorts / Football boots / Water bottle
Year Levels	P - 10
Cost	Oztag registration fees payable directly to www.caloundraoztag.com

Email student registration information to
activities@ccps.qld.edu.au

Tennis

Elite Tennis International (ETI) is a dedicated coaching provider with proven experience in providing both a highly professional and personalised tennis experience. No matter what level of tennis player you are; from first time or an elite junior player, we aim to make your time with us thoroughly enjoyable.

ETI are strong supporters of Tennis Australia programs ranging from ANZ Hot Shots to Cardio Tennis. Offering a firm commitment to consistently improve our products and services, allows our customers the security of knowing that they are receiving the right advice in all areas of the sport.

ETI has all the equipment and accessories for all levels of players matched with helpful and courteous advice. Need a racquet restringing? Our comprehensive stringing service is complimented by the largest range of strings on the Sunshine Coast.

Welcome to **Elite Tennis International**, we hope you enjoy our **Total Commitment to Tennis Excellence**. Matthew Deverson – Director – Elite Tennis International – Sunshine Coast Regional Tennis Centre – Caloundra - Tennis Australia Master Club Professional

STUDENTS FROM PREP – YEAR 2 MUST HAVE A PARENT/CARER PRESENT DURING THIS ACTIVITY

Tennis commences in **Week 1** and ends in **Week 8**.

Coach	Tennis Instructor
Location/Day	CCPS Tennis Courts – Thursday
Time	Intermediate Orange Ball (Ages 9+) from 7:15 am to 7:45 am Beginner Red Ball (Age 5-8) from 7:45 am to 8:15 am
Numbers	Minimum of 3 students in each group to proceed
Equipment (supplied by the student)	Sports shoes and tennis racquet
Cost	Term Two coaching to be paid to the tennis coach at the rate of \$120.00. The academy will invoice parents.

Email student registration information to
activities@ccps.qld.edu.au



GKR Karate International brings the exciting Martial Art of Karate to everyone. We are passionate about sharing our skills and knowledge, and we aim to inspire and empower people to reach their maximum potential through the consistent practice of Karate.

We are a family club that is dedicated to fostering sound values and developing strong, humble, brave individuals and healthy communities.

About GKR (GO-KAN-RYU) Karate

Go-Kan-Ryu Karate (GKR) is a traditional Japanese style of karate. GKR was founded by Robert Sullivan in Adelaide, South Australia. Robert first began training in the art of karate in 1964, and spent time training and teaching in both Japan and the USA before establishing GKR in 1984. GKR Karate is taught in a non-contact environment and promotes both character and physical development. GKR is a club for all ages and promotes self-defence, fitness, coordination, discipline, confidence and stress relief.

Karate for Kids

Karate is the ideal sport for kids for building self-confidence, balance, co-ordination, discipline and courtesy, while learning basic self-defence skills. Children may start training in GKR karate as young as 5 years of age.

GKR's Classes for Kids

GKR's classes provide a warm, friendly and encouraging atmosphere and all instructors are fully accredited with the IGKF (International Go-Kan-Ryu Federation). GKR Karate will be running special kids classes catering for Years 1 to 6. These classes run for 1 hour and consist of: fitness exercises, basic karate training as well as many karate-associated games and will end with self-defence appropriate for young children. No previous training or skills required. Suitable for children with low to high levels of fitness.

Parents

GKR's welcomes parents to come and watch classes as well as participating with their children in age appropriate self-defence for the last 10 minutes of each class.

If you have any questions regarding GKR Karate please contact Andrew Howell on 0407 695 005

STUDENTS FROM PREP – YEAR 2 MUST HAVE A PARENT/CARER PRESENT DURING THIS ACTIVITY

GKR Karate commences in **Week 2** and ends in **Week 8**.

Sensei (Instructors)	Sensei Warren and Sempai Hannah
Location	CCPS Raelene Boyle Multipurpose Hall
Date & Time	Wednesdays 3.15 to 4.15 Classes start the second week of the term and finish last week of term
Numbers Suitable for grades	Minimum 5 - - No Maximum Years 1 to 6 (Boys and Girls)
Equipment (supplied by student)	CCPS Sports uniform or Karate Gi or T shirt and shorts NO footwear required
Cost	\$ 90.00 Per Term

Email student registration information to
activities@ccps.qld.edu.au

Lorraine Fung Piano, Percussion and Theory

Miss Fung holds a Bachelor of Music from the University of Queensland where she studied Performance in Percussion. Prior to her tertiary studies, she completed the Associate of Music certificate in Piano and has had many opportunities playing the piano at state competitions, events and weddings. Miss Fung has previously taught orchestral percussion and directed a percussion ensemble at San Sisto College; and has been a piano teacher for the past 6 years. She has performed at QPAC, Brisbane City Hall and numerous schools, community halls and corporate events with a contemporary percussion ensemble based in Brisbane called Percussimo. Although Miss Fung has only been classically trained, she is passionate in helping her students grow to love and venture into the many possibilities of music.

Miss Fung has a vision of planting music appreciation and enjoyment seeds into students, and hope that one day, they will also go out and spread the love of music in the school community, competitive environment and wider community.

30 and 45 minute lessons are available to students in the following areas:

- Piano
- Percussion (Drum kit with some Orchestral Percussion training)
- Music Theory

Music lessons are focused on developing the foundation and fundamental techniques of the instrument. This will allow students to be competent in music literacy, expressing musically and executing fine motor skills. Through this journey, their music interests will be taken into consideration and be integrated into lessons. If students are passionate about their instrument and would like to take it further and gain national recognition, they can be guided into taking AMEB or Trinity examinations.

Please note withdrawal from this program requires notice at the end of any given term. Please ask Miss Fung for a withdrawal form. Withdrawing mid Term, the family will still be required to pay that term's music fees.

Lorraine Fung Piano, Percussion & Theory commences in **Week 2** and ends in **Week 7**.

Teacher	Miss Lorraine Fung lfung@ccps.qld.edu.au
Location/Day	RBH2 Tuesdays & Thursdays
Time	As per arrangement with Miss Fung
Equipment	Diary, notebook with music staff pages, piano books and display folder
Year Level	Prep - Year 12
Cost	30 minute lesson - \$34 45 minute lesson - \$50

Email student registration information to
activities@ccps.qld.edu.au

QAVA Singing

Karyn Clark from Queensland Academy of Vocal Art (QAVA) will provide individual vocal lessons. During singing lessons, students will learn to control and strengthen their voices, and build strength using classical techniques to correct breathing and muscular control. Students will learn to increase their vocal range, flexibility and musicality through scales, exercises, and a wide range of varied and modern songs.

QAVA provides singing tuition that is individually tailored to each student based on their age, strengths and ambitions. Each student will be taught the foundations of great technique, the understanding and development of personal musical style and the art of performance. Students are given the opportunity and support to prepare for exams, eisteddfods and school performances.

QAVA is a dynamic group of qualified instrumental music teachers, with a focus on providing a comprehensive, supportive and nurturing learning environment for students in schools.

Please note withdrawal from this program requires notice at the end of any given Term. Please see Miss Lorraine Fung for a withdrawal form. Withdrawing mid Term, the family will still be required to pay that Terms music fees.

QAVA Singing commences in **Week 2** and ends in **Week 7**.

Teacher	Mrs Karyn Clark karyn.clark@iinet.net.au
Location/Day	RBH Music Room - Thursday
Time	As per arrangement with Karyn
Equipment (supplied by the student)	Display folder, pencil, eraser and notebook
Year Levels	Year 3 to Year 12
Cost	Lessons fees are based on standard MTAQ rates \$35+ GST per 1/2hr – Private Individual lesson Fees are billed at beginning of term by QAVA .

Email student registration information to
activities@ccps.qld.edu.au

Arron Bool

Guitar and Bass Lessons

Arron Bool took to music at a young age and has been playing music professionally for over 20 years. Originally from Melbourne he and his young family relocated to the Sunshine Coast in 2007 and since then he has been involved within the local music community with as a performer and teacher. He has been involved in nearly every aspect of the music industry, from recording and touring, performing at both small venues and large festivals, workshops and teaching. Arron is excited to bring this wealth of experience to the students of Caloundra City Private School.

After initially studying a Advanced Diploma in Jazz, Arron completed his Bachelor of Arts at RMIT in Melbourne in 2002. Soon after Arron began teaching guitar and bass and has loved doing so ever since.

In addition to regularly performing and recording for many local Sunshine Coast artists, Arron also teaches at several Sunshine Coast schools including Nambour Christian College and Suncoast Christian College.

Through teaching at Caloundra City Private School he plans to help students realise their full musical potential on guitar or bass. We want to make this an enjoyable experience that will also develop an appreciation for and enjoyment of music making which in turn provides a greater appreciation of music in general. Students are also encouraged to continue practice at home as it is the key to faster progress.

Please feel free to contact or approach Arron at any time with questions.

Please note withdrawal from this program requires notice at the end of any given Term. Please see Miss Lorraine Fung for a withdrawal form. Withdrawing mid Term, the family will still be required to pay that Terms music fees.

Guitar and Bass Lessons commences in **Week 2** and ends in **Week 7**.

Teacher	Mr Arron Bool arronbool@gmail.com
Location/Day	RBH Music Room - Monday
Time	As per arrangement with Arron
Equipment (supplied by the student)	Instruments
Year Levels	Prep - Year 12
Cost	Lessons are charged at a private rate of \$36 Inc GST per half hour session Shared Lessons are charged at a rate of \$19 Inc GST

Email student registration information to
activities@ccps.qld.edu.au